

Unleashing Your Potential

A 2 day workshop for leaders and aspiring leaders

Your journey towards increasing personal effectiveness

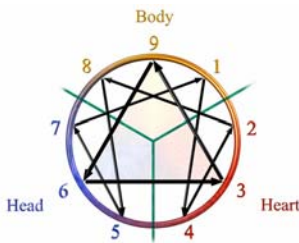
Training can explain concepts at an intellectual level and can develop certain skills but in developing leadership much more is required. Developing self-awareness, recognising behavioural issues, using creativity, imagination and your whole self, is needed."

Unleashing Leaders, Hilarie Owen

There is a growing recognition that a **new style of leadership** is needed in our organisations, one which is being called 'transformational', 'breakthrough' or 'inspirational' leadership. And what all these styles have in common is a call for a deeper level of self-knowledge and self-discovery, the characteristics of which cannot be learned by the same approaches that teach business strategy, finance and marketing.

It is now more widely understood that over 80% of all characteristics of truly great leaders are emotional ones. **Emotional Intelligence** competences are twice as important as intellectual and technical ones.

And perhaps the most important component of Emotional Intelligence is **Self Awareness** – the awareness & management of one's own state of emotions in all circumstances. With increasing awareness, blocked energy can be cleared, creativity released and vitality enhanced. We are then better able to determine our values and vision for a more fulfilled & fruitful life, take up our own empowerment and build truer and freer relationships.



Based on philosophic traditions over 1000 years old, the **Enneagram** is a profound, elegant and compassionate approach to people and their relationships. It describes nine basic worldviews and nine ways of doing business. Each of the nine personality types is something of a pathway through life, with likely obstacles and pitfalls along the way. Each style has its own natural gifts, limitations, blind spots, its own distinctive ways of thinking, acting and being.

What this workshop will teach you

By the end of this 2 day workshop you will be able to:

- identify and celebrate some of the gifts of your own personality type
- identify and start to manage some of the limitations of your own personality type
- practice some basic self awareness techniques
- identify the personality types of your colleagues, friends & loved ones
- embark upon your 'path of development' - improving your personal effectiveness & performance along the way

Instead of operating out of habit from comforting convictions, you can, with clear intent, start to invoke your true reservoir of talents and skills.

Benefits of attending

By attending you will be better placed to:

- **Get more out of the people you work with** - clients, boss, peers, suppliers, staff etc.
- **Communicate more effectively** - by tailoring your message to the deeply held concerns of your listener
- **Make better decisions** - from a place of greater objectivity
- **Reduce your level of stress** – through improved truer relationships
- **Increase your level of self-confidence** – through greater degree of self-acceptance
- **Increase your prospects for career advancement** - by improving your leadership skills

Target Audience

For those leaders and managers who:

- know they are capable of being much more
- believe that self-improvement is not only possible but absolutely crucial
- want to improve their performance **dramatically**

Pricing

Attendance at a two-day public workshop costs **£345** and includes:

- all workshop materials
- lunch on both days
- teas & coffees and
- one night's accommodation at the venue in which it is being held

For participants wishing to book their own accommodation the price will be £275.

Date, Venue & Bookings

Each workshop runs over two days. Public workshops generally run on weekends. Client-specific ones can be run at either weekends or during the normal working week.

Numbers are usually limited to 25 - 30 people to ensure that all participants have enough chances to benefit from access to Enneagram experts.

- **28th/29th September 2002**
- Venue – to be advised (likely to be in the South)
- To book a place on this workshop please send an e-mail to bookings@ExecutiveAwareness.com

Whether your interest is simply personal or organisational, this workshop will introduce you to a **path of powerful transformation. How far your journey will be down to you!**

Course Facilitators

Johann Diaz BSc MBA

Having had a successful career in corporate business, working across a number of disciplines including Customer Service, Operations, Marketing, and IT/IS, for companies such as Thorn EMI and Securicor, Johann completed an MBA in 2000 and re-launched his career in the developing arena of Talent Management.

Since then he has established an online jobs board for MBAs (www.MBAmatch.com) and a best practice consultancy to corporate clients in strategic Talent Acquisition (www.Talent-Acquisition.com) and now an Executive Development program in Self Awareness (www.ExecutiveAwareness.com).

Dave Connelly DipPC

Dave worked for ICI Paints for 30 years in Account Management and Business Development before graduating with a postgraduate diploma in Pastoral Counselling in 1999. He then underwent a one year Enneagram training programme in the USA & UK, under the direction of Helen Palmer, one of the world's leading lights in Enneagram teaching.

He has worked with many individuals helping them reach higher standards of performance and 'being' for many years.